



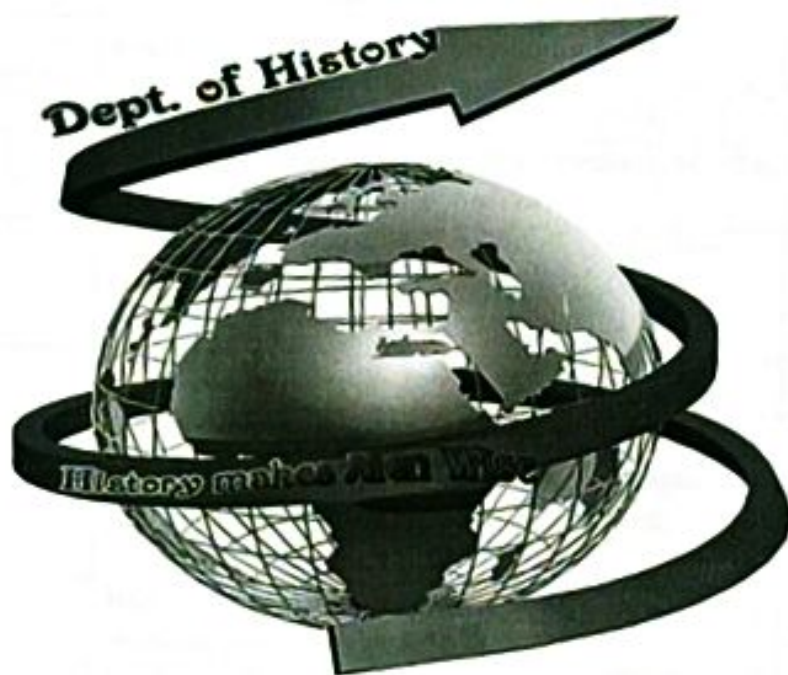
K.S.N GOVT. DEGREE COLLEGE FOR WOMEN

An ISO Certified & Autonomous Institution

Affiliated to Sri Krishnadevaraya University - Anantapuram - A.P - 515002



NAAC
(3.15/4.00) Grade
3rd Cycle



DEPARTMENT OF HISTORY
BOARD OF STUDIES
B.A. HONOURS - HISTORY MAJOR
(FOUR YEARS UG PROGRAMME)
2023-2024
KSN GOVT COLLEGE FOR WOMEN (A),
ANANTAPUR

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KSN GOVT COLLEGE FOR WOMEN (A), ANANTAPUR
DEPARTMENT OF HISTORY
BOARD OF STUDIES
B.A. HONOURS HISTORY MAJOR (FOUR YEARS UG PROGRAMME)
2023-2024

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**K.S.N GOVT. COLLEGE FOR WOMEN (A), ANANTAPURAMU
DEPARTMENT OF HISTORY
BOARD OF STUDIES
MINUTES OF THE MEETING**

The Meeting of the Board of studies of the History was held on 10-10-2023 at 11:00 AM at Department of History K.S.N. Govt. College for Women (A), Anantapur. The Board Members have discussed the agenda points given below.

AGENDA:

1. Approval of History Major Syllabi for the academic year 2023-2024 as per APSHE new syllabus.
2. Approval for the implementation of I and II semesters w.e.f. 2023 - 24.
3. Blueprint and question paper pattern.
4. Model Question Paper.
5. External and Internal scheme of examination (CIA).
6. Panel of examiners.
7. Approval of Autonomous question paper model for 60 +40 pattern.
8. Approval of Internal Assessment for 40 marks and External Assessment for 60 marks .MID-I Examination for 20 marks and MID-II Examination for 15 marks with the division of marks i.e., Assignment (05), Student Seminar (05) & Attendance (05)/clean and Green (05).
9. To review the course papers for III & IV semesters.
10. Approval of Certificate course.
11. To Review the Internship process for V semester and course papers for VI semester for Final year students.
12. Any other related issue.

PROCEEDINGS

1. Welcome address and opening remarks by chairperson
2. The chairperson of the Department of History welcomed the members of board of studies (BOS). The chairperson introduced and explained the agenda of the meeting. Board of studies members discussed about the syllabi of B.A. HONOURS for History Majors as per APSHE new syllabus and Certificate course for I semesters for the academic year 2023 – 2024. Chairperson Explained about the syllabi for III & IV semesters and Internship process for V semester and syllabi for VI semester as per APSHE syllabus. The chairperson thanked each and every one for sparing their valuable time to attend BOS meeting.

DISCUSSION:

THE BOS MEMBERS HAD BRAINSTORMING DISCUSSION & INTERACTION AMONG THEMSELVES AFTER DISCUSSION SUGGESTIONS WERE INCORPORATED APPROPRIATELY IN THE CURRICULUM AND SYLLABI.

1. Board of studies members discussed about the syllabus for I & II semesters & also reviewed the syllabus for III, IV, V, & VI semesters.
2. University Nominee Dr. V. Raja Mohammadh from GDC Bukkapatnam Discussed the implementation of APSHE syllabus of I & II Semesters and suggested syllabi with few changes.

The changes are as follows:

Semester I- Course -I: Fundamentals of social sciences

Unit – I: suggested to remove Inter-Disciplinary word from Third chapter with its relevance in that unit.

Unit – II: Suggested to remove Chronology of Indian History-Due to heavy syllabus

3. Academic Cell Nominee Dr. B. Prasad Reddy from Silver jubilee, Kurnool, suggested few modifications in –Course-II-Paper-II-Perspectives on Indian History. Discussed the implementation of APSHE syllabus of I & II semester with few changes.

UNIT-II

(a) Suggested to modify the topic "Rise of Nationalism under British rule in brief" as "Basic causes of Nationalism under British rule in brief" and due to heavy syllabus suggested to remove period in chapter (03) with its relevance in that unit.

- (b) Academic Cell Nominee Dr. K. Bade Saheb from GDC Banaganpale, Kurnool(dt) Due to vast syllabus suggested to remove "Abolition of Zaminadari and Formation of Linguistics.
4. Industrial person Smt K. Rajitha Asst Director of Archaeology Museum, Ananatapur and Krishna veni Collage Alumini also participated in discussion
5. BOS Members discussed about Autonomous (CIA) question paper pattern 60+40 pattern for I & II semester for the academic year 2023-24.
6. 40 marks for Internal Assessment and 60 marks for external Assessment with the division of marks i.e.,
Part -A (MCQS)
Part- B (FIB)
Part- C (VSQ)
Part- D (M F)
Part- E (T/F) Containing ONE mark
7. Approved internal assessment both two MIDS for 35 marks and Ex-tra curricular activities for. The marks obtained by the student for 50 marks to be scale down to 40.
8. Written exam for 20 marks for MID-I and 15 marks for MID-II with the division of marks i.e., Assignment (05), Student Seminar (05) & Attendance (05) /clean and Green (05).
9. 60 marks for external Assessment with the division of marks i.e.,
Part - A (MCQS) - Multiple choice questions
Part-B (FIB)-Fill in the Blanks
Part-C (VSQ)-Very short questions
Part-D (M F)-Match the following
Part- E (T/F) with for external Assessment with the division of marks i.e., Part - A .B.C.D & E (MCQS) containing ONE marks








THE MEETING OF THE BOARD MEMBERS RESOLVED THE FOLLOWING

1. It has been resolved to follow the APSHE new Syllabus for History Major in B.A. Honours for I and II semesters for the academic years 2023-2024.
2. It is resolved that the question paper pattern changed to 60 + 40 as per autonomous pattern.
3. It is resolved that the question paper model is finalized for I & II semesters external Assessment with division for 60 marks and Internal Assessment for 40 marks.

4. It is resolved that both Internal and external question paper consists of FIVE parts i.e., Part-A, B, C, D & E with MCQS, FIB, VSQ, MF, T/F consists of ONE mark.
10. It is resolved that the marks obtained by the student for 50 marks need to be scale down to 40 marks. Written exam for 20 marks for MID-I and 15 marks for MID-II with the division of marks i.e., Assignment (05), Student Seminar (05) & Attendance (05) /clean and Green (05).
5. It is resolved to conduct Add on/ Certificate in "Fundamentals of Yoga and History for semester -I with the duration of 30 Hrs from November 1st 2023.
6. It is resolved to follow the History syllabi for III .IV & VI semesters for the academic year 2023-24 as per APSHE old syllabus followed by S.K.U.
7. It is resolved to complete Internship in V semester for the academic year 2023-24.




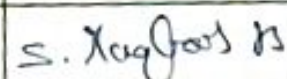
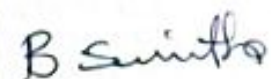
Vote of Thanks: The Board of studies meeting completed at 1:00 PM. The chairperson thanked each one of them for sparing their valuable time to attend BOS meeting.

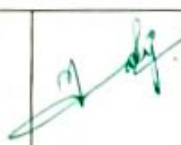


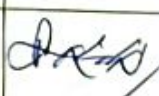

K.S.N GOVT. COLLEGE FOR WOMEN (A), ANANTAPUR
DEPARTMENT OF HISTORY
COMPOSITION OF BOARD OF STUDIES
2023-2024 TO 2025-2026

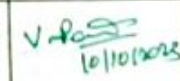
S NO.	NAME	POSITION	SIGNATURE
1.	Smt. S. FATHIMUNNISA BEGUM In-Charge of the Department of History K.S.N. Govt. College for Women (A), Anantapur. Cel: 9440263683 Email: fathima94402@gmail.com	Chairperson	
2.	Dr. V. RAJA MOHAMMAD Lecturer in History, GDC, Kadiri Anantapur (Dt) Cel.9963701082 Email:raj91619@gmail.com	University Nominee	
3.	Dr. K. BADE SAHEB Lecturer in History GDC Banaganpalle Kurnool (Dt) Cel:9440852697 Email:badeshb@gmail.com	Subject Expert AC Nominee	
4.	Dr. Prasad Reddy Lecturer in History Silver Jubilee (GDC), Kurnool Cel:9440074649 Email:brpreddygd@gmail.com	Subject Expert AC Nominee	
5.	DR. C. SULOCHANA Lecturer in History K.S.N Govt college for women (A), Anantapur Email:suchasku@gmail.com Cel:9398030817	Member	
6.	Smt. V. RAJITHA Asst Director Archaeology Museum, Anantapur Email:adatpareh@gmail.com Cel:9550845863	Representative from Industry	
7.	K. KRISHNA VENI Cel:8106037885 Email:sakekrishnaveni99@gmail.com	Alumnus	

Signature of the Principal

K.S.N GOVT. COLLEGE FOR WOMEN (A), ANANTAPUR
COMPOSITION OF BOARD OF STUDIES
B.A.HONOURS-SEMESTER- I & II
ECONOMICS-HISTORY-POLITICAL SCIENCE-JOURNALISM-
COMPUTERAPPLICATION
2023-2024 TO 2025-2026

S.NO.	NAME	POSITION	SIGNATURE
1.	SMT. S. FATHIMUNNISA BEGUM IN-CHARGE OF THE DEPARTMENT OF HISTORY K.S.N. GOVT. COLLEGE FOR WOMEN (A), ANANTAPUR. CEL: 9440263683 EMAIL: <u>FATH MEMBER</u> <u>IMA94402@GMAIL.COM</u>	CHAIR PERSON	
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4.	SMT. S. MAQBOUL JAAN BEGUM IN-CHARGE OF THE DEPARTMENT OF COMPUTER APPLICATIONS K.S.N. GOVT. COLLEGE FOR WOMEN (A), ANANTAPUR CEL:9390075758	CHAIRPERSON Member	
5.	B. SUNITHA IN-CHARGE OF THE DEPARTMENT OF JOURNALISM K.S.N. GOVT. COLLEGE FOR WOMEN (A), ANANTAPUR CEL:9441552643	CHAIR PERSON	

6	DR. RAJAMAHAMMADH LECTURER IN HISTORY GDC, BUKKAPATNAM ANANTAPUR DT CEL: 9963701082 EMAIL: RAJ91619@GMAIL.COM	UNIVERTY NOMINEE	
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11	DR. K. BADESAHEB LECTURER IN HISTORY GDC, BANAGANPALLE, KURNOOL SUBJECT EXPERT	AC NOMINEE	
12	DR. REDDY PRASAD REDDY LECTURER IN HISTORY SILVER JUBILEE GDC, KURNOOL SUBJECT EXPERT	AC NOMINEE	
13	SRI. T. MADHANNA LECTURER IN ECONOMICS GDC MEN, KURNOOL SUBJECT EXPERT	AC NOMINEE	
14	K. SHIVARAM LECTURER IN ECONOMICS GDC(M)(A), KADAPA SUBJECT EXPERT	AC NOMINEE	

15	DR. S. RAJASEKHAR LECTURER IN POLITICAL SCIENCE S.J.G.C, KURNOOL SUBJECT EXPERT	AC NOMINEE	
16	LT. S. GOUSEPEERA LECTURER IN POLITICAL SCIENCE OSMANIA COLLEGE (A), KURNOOL SUBJECT EXPERT	AC NOMINEE	
17	DR. T. SHYAM SWAROOP PROF IN JOURNALISM YOGI VEMANA UNIVERSITY SUBJECT EXPERT	AC NOMINEE	
18	SMT. D.V. SUNITHA LECTURER IN JOURNALISM YOGI VEMANA UNIVERSITY SUBJECT EXPERT	AC NOMINEE	
19	SMT. Y. ANITHA LECTURER IN CS GDC(A), KADAPA SUBJECT EXPERT	AC NOMINEE	
20	DR. RAGHAVENDRA LECTURER IN CS SILVER JUBILEE GOVT. COLLEGE, KURNOOL	AC NOMINEE	
21	SMT. V. RAJITHA ASST DIRECTOR ARCHAEOLOGY MUSEUM ANANATAPUR	INDUSTRIAL REPRESENTATIVE DEPARTMENT OF HISTORY	 10/10/2023
22	SRI. M. MOHAN J.N. SWAMI ORGANIC COLD PRESSED EDIBLE OILS UNIT SKU, ANANATAPUR	INDUSTRIAL REPRESENTATIVE DEPARTMENT OF ECONOMICS	
23	SRI. S. NAVACHETAN G-TECH COMPUTER INSTITUTE	INDUSTRIAL REPRESENTATIVE DEPARTMENT OF POLITICAL SCIENCE	
24	SRI. B. BHASKAR NANDU TIMES EDITOR	INDUSTRIAL REPRESENTATIVE DEPARTMENT OF JOURNALISM	
25	SRI. S. NAVACHETAN DIRECTOR OF C TECH INSTITUTE	INDUSTRIAL REPRESENTATIVE DEPARTMENT OF COMPUTER APPLICATIONS	

26	C.SULOCHANA LECTURER IN HISTORY	MEMBER	C. Sulechana 10/10/21
27	ILSEIVA SHANKAR LECTURER IN ECONOMICS	MEMBER	ILSEIVA SHANKAR
28	C.RAMANJENEYULU LECTURER IN POLITICAL SCIENCE	MEMBER	
29	B.SUNITHA LECTURER IN JOURNALISM	MEMBER	B. Sunitha
30	S.ANUSHA LECTURER IN COMPUTER APPLICATIONS	MEMBER	S. Anusha
31	K.KRISHNAVENI COLLEGE ALUMNAE MEMBER	COLLEGE ALUMNAE MEMBER DEPARTMENT OF HISTORY	K. Krishnaveni
32	SMT. C. ANNAPURNA LECTURER IN ECONOMICS, GDC TADIPATRI COLLEGE ALUMNAE MEMBER	COLLEGE ALUMNAE MEMBER DEPARTMENT OF ECONOMICS	S. Annapurna 10/10/21
33	KUM.FARHANA BEGUM COLLEGE ALUMNAE MEMBER	COLLEGE ALUMNAE MEMBER DEPARTMENT OF POLITICAL SCIENCE	
34	E.KARUNSREE COLLEGE ALUMNAE MEMBER	COLLEGE ALUMNAE MEMBER DEPARTMENT OF JOURNALISM	
35	S. SUDHA RANI COLLEGE ALUMNAE MEMBER	COLLEGE ALUMNAE MEMBER DEPARTMENT OF COMPUTER APPLICATIONS	S. Sudhakarani

SIGNATURE OF THE PRINCIPAL



ANDHRA PRADESH STATE COUNCIL OF HIGHER EDUCATION
(w.e.f. Academic Year 2023-24)
Programme B.A. Honours in History

Semester	Paper	Hours	Credits
I	1. Fundamentals of Social Sciences	4	4
	2. Perspectives on Indian Society	4	4
II	3. Science and Human Past	4	4
	4. Age of Enlightenment and State Formation	4	4
	Community Service Project (180 hours with 4 Credits)		
III	5. Early Medieval History of India (300 CE-1206 CE)	4	4
	6. Medieval Indian Society: (Polity, Economy, and Culture) (1206 C.E.-1707 C.E.)	4	4
	7. History of Modern India (1707 C.E.-1857 C.E.)	4	4
	8. History of Modern World (1857 Upto 1945 AD)	4	4
IV	9. Social Change in Modern India	4	4
	10. Indian National Movement (1857 C.E.-1947 C.E.)	4	4
	11. Social and Cultural History of Andhra Pradesh	4	4
V	Short Term Internship		
	12. Tourism and Hospitality Services	4	4
	13. Journalism and Editing Techniques	4	4
	14. A. Tourism Guidance and Operating Skills (OR) 14. B. Film and Script Writing Skills	4	4
	15. A. Modern Principles and Techniques of Archeology (OR) 15. B. Museum Management	4	4
	Internship		
VII	7.1 (A) Ancient World Civilizations (OR) (B) Introduction to Archaeology	4	4
	7.2 (A) Tribal and Peasant Movements in India (1800-1950) (OR) (B) Recent Trends in Historiography	4	4
	7.3 (A) Art and Architecture of India (OR) (B) Environmental History of India	4	4

	7.4(A)HistoryofIndianFoodCulture(SkillCourse) (OR) (B)TourismPrinciplesandPractices(SkillCourse)	4	4
	7.5(A)ApplicationofICTinHistoricalStudies(SkillCourse) (OR) (B)Tourism Growth and Developments in Andhra Pradesh(Skill Course)	4	4
VIII	8.1(A) HistoryofModernEast Asia (OR) (B)Makersof ModernIndia	4	4
	8.2(A)Historical Methods (OR) (B)HistoryofScienceandTechnology	4	4
	8.3(A) HistoryofModernAndhra Pradesh(1956-2014) (OR) (B)HistoryofContemporaryIndia(1956-2000)	4	4
	8.4 (A) Fairs and Festivals of India: Business and MarketingStrategies(SkillCourse) (OR) (B)IndianKnowledgeSystems(SkillCourse)	4	4
	8.5(A)TourismResourcesofIndia(SkillCourse) (OR) (B)UNESCO World Heritage Sites: Conservation Methods(Skill Course)	4	4



ANDHRA PRADESH STATE COUNCIL OF HIGHER EDUCATION

(W.E.F. ACADEMIC YEAR 2023-24)

PROGRAMME: B.A. HONOURS IN HISTORY

SEMESTER	PAPER	HOURS	CREDITS	MARKS		
				MID MARKS	SEM END MARKS	TOTAL
I	FUNDAMENTALS OF SOCIAL SCIENCES	4	4	25	75	100
	PERSPECTIVES ON INDIAN SOCIETY	4	4	25	75	100
II	3.SCIENCE AND HUMAN PAST	4	4	25	75	100
	4. AGE OF ENLIGHTENMENT AND STATE FORMATION	4	4	25	75	100
		16	16	100	300	400
COMMUNITY SERVICE PROJECT (180 HOURS WITH 4 CREDITS)						

K.S.N GOVT COLLEGE FOR WOMEN (A), ANANTAPURAMU

PROGRAMME: B.A. HONOURS IN HISTORY

SYLLABUS STRUCTURE 2023-2024

SEMESTER	PAPER	HOURS	CREDITS	MARKS		
				MID MARKS	SEM END MARKS	TOTAL
I	FUNDAMENTALS OF SOCIAL SCIENCES	4	4	40	60	100
	PERSPECTIVES ON INDIAN SOCIETY	4	4	40	60	100
II	3. SCIENCE AND HUMAN PAST	4	4	40	60	100
	4. AGE OF ENLIGHTENMENT AND STATE FORMATION	4	4	40	60	100
TOTAL		16	16	160	240	400
COMMUNITY SERVICE PROJECT (180 HOURS WITH 4CREDITS)						



ANDHRA PRADESH STATE COUNCIL OF HIGHER EDUCATION
(W.E.F. ACADEMIC YEAR 2023-24)
PROGRAMME: B.A. HONOURS IN HISTORY SYLLABUS
PAPER – I
FUNDAMENTALS OF SOCIAL SCIENCES

LEARNING OBJECTIVES:

The student will be able to understand the nature, various approaches, Organs of the state, social perspectives and application of ICT.

LEARNING OUTCOMES: On successful completion of the course the student will be able to :

1. Learn about the nature and importance of social science.
2. Understand the Emergence of Culture and History
3. Know the psychological aspects of social behavior
4. Comprehend the nature of Polity and Economy
5. Knowledge on application of computer technology

Unit – I – What is Social Science?

1. Definition and Scope of Social Science – Different Social Sciences
2. Distinction between Natural Science and Social Sciences
3. Interdisciplinary Nature of Social Sciences
4. Methods and Approaches of Social Sciences

Unit -II: Understanding History and Society

1. Defining History, Its Nature and Scope
2. History- A Science or an Art
3. Importance of History in the Present Society
4. Types of History and Chronology of Indian History

Unit – III – Society and Social Behaviour

1. Definition, Nature and Scope of Psychology
2. Importance of Social Interaction
3. Need of Psychology for present Society
4. Thought process and Social Behavior

Unit – IV – Political Economy

1. Understanding Political Systems
2. Political Systems – Organs of State
3. Understanding over Economics - Micro and Macro concepts
4. Economic Growth and Development - Various aspects of development

Unit - V – Essentials of Computer

1. Milestones of Computer Evolution - Computer – Block Diagram, Generations of Computers
2. Internet Basics – Internet History, Internet Service Providers – Types of Networks –IP – Domain Name Services – Applications
3. Ethical and Social Implications – Network and Security concepts – Information assurance fundamentals
4. Cryptography – Symmetric and Asymmetric –malware – Fire walls – Fraud Techniques – Privacy and Data Protection

Reference Books

1. The social sciences: An Integrated Approach by James M. Henslin and Dannel F. Chambliss
2. The Wonder that was India – A.L.Bhasham
3. Introduction to Psychology – Morgan and King
4. Principles of Political Science – A.C. Kapoor
5. Contemporary Political Theory – J.C Johari
6. M.L.Jhingan – Economic Development – Vikas, 2012
7. M.L Seth – Macro Economics - Lakshminarayana Agarawal, 2015
8. Fundamentals of Computers by V. Raja Raman
9. Cyber Security Essentials by James Graham, Richard Howard, Ryan Olson

Activities:

1. Group Project Work
2. PPT Presentation, Participation in Webinars
3. Field visits
4. Group Discussion
5. Survey and Analysis
6. Charts and Poster presentation
7. Identifying the attributes of network (Topology, service provider, IP address and bandwidth of your college network) and prepare a report covering network architecture.
8. Identify the types of malwares and required firewalls to provide security.
9. Latest Fraud techniques used by hacker



K.S.N GOVT COLLEGE FOR WOMEN (A) ANANTEPURAMU
(W.E.F. ACADEMIC YEAR 2023-24)
PROGRAMME: B.A. HONOURS – HISTORY MAJOR- SYLLABUS
SEMESTER-I-PAPER – 1
COURSE-I: FUNDAMENTALS OF SOCIAL SCIENCES
Credits-04
Hrs/Week-04

- **LEARNING OBJECTIVES:** The student will be able to understand the nature, various approaches, Organs of the state, social perspectives and application of ICT
- **LEARNING OUTCOMES:** On successful completion of the course the student will be able to :
 1. Learn about the nature and importance of social science.
 2. Understand the Emergence of Culture and History
 3. Know the psychological aspects of social behaviour
 4. Comprehend the nature of Polity and Economy
 5. Knowledge on application of computer technology

UNIT – I WHAT IS SOCIAL SCIENCE?

1. Definition and Scope of Social Science – Different Social Sciences
2. Difference between Natural Science and Social Sciences
3. Nature of Social Sciences
4. Methods and Approaches of Social Sciences

UNIT –II – UNDERSTANDING HISTORY AND SOCIETY

1. Defining History, Its Nature and Scope
2. History- A Science or an Art
3. Importance of History in the Present Society
4. Types of History and Chronology of Indian History

UNIT – III – SOCIETY AND SOCIAL BEHAVIOUR

1. Definition, Nature and Scope of Psychology
2. Importance of Social Interaction
3. Need of Psychology for present Society
4. Thought process and Social behaviour

UNIT – IV – POLITICAL ECONOMY

1. Understanding Political Systems
2. Political Systems – Organs of State
3. Understanding of Economics - Micro and Macro concepts
4. Economic Growth and Development - Various aspects of development

UNIT - V – ESSENTIALS OF COMPUTER

1. Milestones of Computer Evolution - Computer – Block Diagram, Generations of Computers
2. Internet Basics – Internet History, Internet Service Providers – Types of Networks – IP – Domain Name Services – Applications
3. Ethical and Social Implications – Network and Security concepts – Information assurance Fundamentals
4. Cryptography – Symmetric and Asymmetric –malware – Fire walls – Fraud Techniques – Privacy and Data Protect

➤ REFERENCE BOOKS

1. The Social Sciences: An Integrated Approach by James M. Henslin and Dannel F. Chambliss
2. The Wonder that was India – A.L.Bhasham
3. to Psychology – Morgan and King
4. Principles of Political Science – A.C. Kapoor
5. 5. Contemporary Political Theory – J.C.Johari
7. ML Seth – Macro Economics - Lakshminarayana Agarawal, 2015
8. Fundamentals of Computers by V. Raja Raman
9. Cyber Security Essentials by James Graham, Richard Howard, Ryan Olson

➤ ACTIVITIES:

1. Group Project Work
2. PPT Presentation, Participation in Webinars
3. Field visits
4. Group Discussion
5. Survey and Analysis
6. Charts and Poster presentation
7. Identifying the attributes of a network (Topology, service provider, IP Address and Bandwidth of your college network) and prepare a report Covering network architecture.
8. Identify the types of malwares and required firewalls to provide security.
9. Latest Fraud techniques used by hacker

K.S.N GOVT COLLEGE FOR WOMEN (A) ANANTEPURAMU
(W.E.F. ACADEMIC YEAR 2023-24)
PROGRAMME: B.A. HONOURS IN HISTORY SYLLABUS
DEPARTMENT OF HISTORY
SEMESTER-I-HISTORY —PAPER-1
FUNDAMENTALS OF SOCIAL SCIENCES
QUESTION PAPER PATTERN FOR CONTINUAS INTERNAL ASSESEMENT (CIA) Sem-I&II

S. No.	Type of Assessment	Weightage Assigned
1.	Assignments	5
2.	Project-Work/Seminar/Group Discussion/Quizzes/Presentations	5
3.	Cleaning, Greening and Attendance	5
4.	Testing of knowledge through Midterm examinations (Mid -1 + Mid -2)	20 + 15
	Total	50 (Scale down to 40)

MID I EXAMINATION 20 MARKS:

- **Multiple choice questions** should answer **THREE** questions out of three questions: Each question carries **ONE** mark. [1 x 3= 03 M]
- **Short answer questions** should answer **FIVE** out of five questions each question carries **ONE** marks [1 x 5 = 05 M]
- **Fill in the blanks** should answer **FIVE** out of five questions each question carries **ONE** mark [1 x 5 = 05 M]
- Match the following** should answer **FIVE** questions each question carries **ONE** mark [1 x 5 = 05 M]
- True/False** should answer **TWO** questions each question carries **ONE** mark [1 x 2 = 02 M]

MID II EXAMINATION 15Marks

- Through the first two kinds of questions mentioned above for a total of **15Marks**
- The **Duration** of the examination is **1 Hour** per paper.
- Two mid-term examinations as explained above should be conducted.

I - Mid after completion of **50% syllabus** and **II Mid** after completion of the total Syllabus with **35 marks** for Mid Exam (Mid -1 for 20 Marks and Mid-2 for 15 Marks). The marks obtained by a student for 50 marks (Total of two Mid exams for 35, Assignments 5, Classroom Activities 5, Clean, Green and Attendance 5) is to be scaled down to 40

K.S.N GOVT COLLEGE FOR WOMEN (A) ANANTEPURAMU
(W.E.F. ACADEMIC YEAR 2023-24)
PROGRAMME: B.A. HONOURS IN HISTORY SYLLABUS
DEPARTMENT OF HISTORY
SEMESTER-I-HISTORY – PAPER-I
BLUE PRINT

Unit	MCQs Multiple choice questions	FIBs Fill in the blanks	VSQs Very short answer questions	MTs Match the following	T/F
I	04	02	02	02	02
II	04	02	02	02	02
III	04	02	02	02	02
IV	04	02	02	02	02
V	04	02	02	02	02
TOTAL	20	10	10	10	10
TOTAL MARKS = 60					

M.C.Q.S. Multiple choice questions - (01 mark)

V.S.Q.S. = Very Short answer questions - (01 mark)

Fill in the questions- (01 mark)

Match the following-(01 mark)

True/False-(01 mark)

Total Marks = 60 Marks (External)

K.S.N GOVT COLLEGE FOR WOMEN (A) ANANTEPURAMU
(W.E.F. ACADEMIC YEAR 2023-24)
PROGRAMME: B.A. HONOURS IN HISTORY SYLLABUS
DEPARTMENT OF HISTORY
SEMESTER-I-HISTORY —PAPER—I
FUNDAMENTALS OF SOCIAL SCIENCES
MODAL PAPER

Time: 2 1/2 Hrs

Max. Marks: 60

SECTION-I

I answer the following questions (MCQS) each question carries ONE marks 20x1=20 M

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.
- 13.
- 14.
- 15.
- 16.
- 17.
- 18.
- 19.
- 20.

SECTION-II

II Answer the following very short answer questions each question carries ONE mark 10x1=10 M

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

SECTION-III

III Answer the following Fill in the blanks given below: each question carries ONE mark 10x1=10 M

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

SECTION-IV

IV Answer the Match the following questions each question carries ONE marks 10x1=10 M

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

SECTION- V

V Answer the following True/False questions each question carries ONE marks 10x1=10 M

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

K.S.N GOVT COLLEGE FOR WOMEN (A) ANANTEPURAMU
(W.E.F. ACADEMIC YEAR 2023-24)
PROGRAMME: B.A. HONOURS IN HISTORY SYLLABUS
DEPARTMENT OF HISTORY
SEMESTER-I-HISTORY —PAPER-I
FUNDAMENTALS OF SOCIAL SCIENCES
MODIFICATIONS AND JUSTIFICATIONS

S.NO	UNIT	TOPIC/CHAPTER	MODIFICATIONS	JUSTIFICATIONS
1.	I	Inter Disciplinary-Chapter-III	Modified as social sciences	with suggestion of University nominee we made small modification due to heavy syllabus
2.	II	Chronology-Chapter-IV	Deleted	with suggestion of University nominee we deleted the word for the sake of student benefit due to vast syllabus



**ANDHRA PRADESH STATE COUNCIL OF HIGHER EDUCATION
(W.E.F. ACADEMIC YEAR 2023-24)**

PROGRAMME: B.A. HONOURS IN HISTORY SYLLABUS

Paper – II

PERSPECTIVES ON INDIAN SOCIETY

Learning objectives: The student is expected to demonstrate the significance of social sciences through a better understanding of various fields of social experience and would be able to apply methods and approaches to social phenomena.

Learning Outcomes: On successful completion of the course the student will be able to :

1. Learn about the significance of human behaviour and social dynamics.
2. Remembers the Indian Heritage and freedom struggle
3. Comprehend the philosophical foundations of Indian Constitution
4. Knowledge on Indian Economy

Unit – 1 – Man in Society

1. Human Nature and Real-Life Engagement
2. Social Groups and Social Dynamics
3. Individualism and Collectivism – Ethical Concerns
4. Human Life – Social Influence and

**Social Impact Unit-II: Indian Heritage and
Freedom Struggle in India**

1. Cultural & Heritage sites of Tourism in India
2. Indian Dance, Music and Yoga
3. Rise of Nationalism Under British Rule in brief (1857-1947)
4. Contemporary history of India-integration of Princely States, abolition of Zamindari, formation of linguistic states

Unit – 3 – Indian Constitution

1. Philosophical Foundations of Indian Constitution
2. Elements of Indian Constitution

3. Study of Rights in Indian Constitution

4. Directive principles to

State Unit – 4. Indian Economy

1. Indian Economy - Features – Sectoral contribution in income

2. Role of Financial Institutions - RBI - Commercial Banks

3. Monetary and Fiscal Policies for Economic Development

4. Economic Reforms - Liberalization - Privatization- Globalization

Unit – 5 - Impact on Society & Analytics

1. Role of Computer, impact of Computers on human behavior, e-mail,
2. Social Networking- WhatsApp, Twitter, facebook, impact of Social Networks on human behavior.

3. Simulating, Modeling, and Planning, Managing Data,
Graphing, Analyzing Quantitative Data,

4. Expert Systems and Artificial Intelligence Applications in the Social Sciences

References

1. Introduction to Psychology – Atkinson RC
2. History of the freedom movement in India – Tarachand
3. India since Independence – Bipinchandra
4. Introduction to the Constitution of India D.D.Basu
5. S.K. Misra & V.K. Puri – Indian Economy, Himalaya Publishing House, 2015
6. Government of India, Economic Survey (Annual), New Delhi
7. Information and Communication Technology by APCCE
8. Computer Applications in the Social Sciences by Edward E. Brent, Jr. and Ronald E. Anderson
9. Introduction to Psychology – Atkinson RC
10. History of the freedom movement in India – Tarachand
11. India since Independence – Bipinchandra
12. Introduction to the Constitution of India D.D.Basu
13. S.K. Misra & V.K. Puri – Indian Economy, Himalaya Publishing House, 2015
14. Government of India, Economic Survey (Annual), New Delhi

15. Information and Communication Technology by APCCE

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17. Introduction to Psychology – Atkinson RC

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19. India since Independence – Bipinchandra

20. Introduction to the Constitution of India D.D.Basu

21. S.K. Misra & V.K. Puri – Indian Economy, Himalaya Publishing House, 2015

22. Government of India, Economic Survey (Annual), New Delhi

23. Information and Communication Technology by APCCE

24. Computer Applications in the Social Sciences by Edward E. Brent, Jr. and Ronald

E. Anderson

Activities:

1. Assignment
2. PPT Presentation, Participation in Webinars
3. Field visits
4. Group Discussion
5. Survey and Analysis
6. Charts and Poster presentation
7. Identify the peripherals connected to a system and label them as either Input or Output or both.
8. Identify the Operating System loaded in your system and compare the features with other existing Operating System.
9. Collect latest census data and draw a graph indicating the growth rate.
10. Predicting the risk of depression, substance dependency, drinking, obsessive compulsive disorders, and suicide using AI.

K.S.N GOVT COLLEGE FOR WOMEN (A) ANANTEPURAMU
(W.E.F. ACADEMIC YEAR 2023-24)
PROGRAMME: B.A. HONOURS IN HISTORY SYLLABUS
SEMESTER-I-PAPER – II
COURSE-II: PERSPECTIVES ON INDIAN SOCIOETY
Credits-04
Hrs/Wek-04

➤ **LEARNING OBJECTIVES:**

The student is expected to demonstrate the significance of social sciences through better understanding of various fields of social experience and would be able to apply methods and approaches to social phenomena.

UNIT – 1 – MAN IN SOCIETY

1. Human Nature and Real-Life Engagement
2. Social Groups and Social Dynamics
3. Individualism and Collectivism – Ethical Concerns
4. Human Life – Social Influence and Social Impact

UNIT-II: INDIAN HERITAGE AND FREEDOM STRUGGLE IN INDIA

1. Cultural & Heritage sites of Tourism in India
2. Indian Dance, Music and Yoga
3. Rise of Nationalism under British Rule in brief
4. Contemporary history of India-integration of Princely States

UNIT – 3 – INDIAN CONSTITUTION

1. Philosophical Foundations of Indian Constitution
2. Elements of Indian Constitution
3. Study of Rights in Indian Constitution
4. Directive principles to State

UNIT – 4. INDIAN ECONOMY

1. Indian Economy - Features – Sectorial contribution in income
2. Role of Financial Institutions - RBI - Commercial Banks
3. Monetary and Fiscal Policies for Economic Development
4. Economic Reforms - Liberalization - Privatization- Globalization

UNIT – 5 - IMPACT ON SOCIETY & ANALYTICS

1. Role of Computer, impact of Computers on human behavior, e-mail,
2. Social Networking- WhatsApp, Twitter, facebook, impact of Social Networks on human behavior.
3. Simulating, Modeling, and Planning, Managing Data, Graphing, Analyzing Quantitative Data,
4. Expert Systems and Artificial Intelligence Applications in the Social Sciences

LEARNING OUTCOMES: On successful completion of the course the student will be able to :

1. Learn about the significance of human behavior and social dynamics.
2. Remembers the Indian Heritage and freedom struggle
3. Comprehend the philosophical foundations of Indian Constitution
4. Knowledge on Indian Economy

REFERENCES

1. Introduction to Psychology – Atkinson RC
2. History of the freedom movement in India – Tarachand
3. India since Independence – Bipinchandra
4. Introduction to the Constitution of India D.D.Basu
5. S.K Misra & V.K Puri – Indian Economy, Himalaya Publishing House , 2015
6. Government of India, Economic Survey (Annual), New Delhi
7. Information and Communication Technology by APCCE
8. Computer Applications in the Social Sciences by Edward E. Brent, Jr. and Ronald E. Anderson

ACTIVITIES:

1. Assignment
2. PPT Presentation, Participation in Webinars
3. Field visits
4. Group Discussion
5. Survey and Analysis
6. Charts and Poster presentation
7. Identify the peripherals connected to a system and label them as either Input or Output or both.
8. Identify the Operating System loaded in your system and compare the features with other existing Operating System.
9. Collect latest census data and draw a graph indicating the growth rate.
10. Predicting the risk of depression, substance dependency, drinking, obsessive

K.S.N GOVT COLLEGE FOR WOMEN (A) ANANTEPURAMU
(W.E.F. ACADEMIC YEAR 2023-24)

PROGRAMME: B.A. HONOURS IN HISTORY SYLLABUS

DEPARTMENT OF HISTORY

SEMESTER-I-HISTORY —PAPER-II

FUNDAMENTALS OF SOCIAL SCIENCES

QUESTION PAPER PATTERN FOR CONTINUAS INTERNAL ASSESEMENT (CIA) Sem-I&II

S. No.	Type of Assessment	Weightage Assigned
1.	Assignments	5
2.	Project-Work/Seminar/Group Discussion/Quizzes/Presentations	5
3.	Cleaning, Greening and Attendance	5
4.	Testing of knowledge through Midterm examinations (Mid -1 + Mid -2)	20 + 15
	Total	50 (Scale down to 40)

MID I EXAMINATION 20 MARKS:

- Multiple choice questions should answer **THREE** questions out of three questions: Each question carries **ONE** mark. [1 x 3 = 03 M]
- Short answer questions should answer **FIVE** out of five questions each question carries **ONE** marks [1 x 5 = 05 M]
- Fill in the blanks should answer **FIVE** out of five questions each question carries **ONE** mark [1 x 5 = 05 M]
- Match the following should answer **FIVE** questions each question carries **ONE** mark [1 x 5 = 05 M]
- True/False should answer **TWO** questions each question carries **ONE** mark [1 x 2 = 02 M]

MID II EXAMINATION 15Marks

- Through the first two kinds of questions mentioned above for a total of **15Marks**
- The **Duration** of the examination is **1 Hour** per paper.
- Two mid-term examinations as explained above should be conducted.

I - Mid after completion of **50% syllabus** and **II Mid** after completion of the total Syllabus with **35 marks** for Mid Exam (Mid -1 for **20 Marks** and Mid-2 for **15 Marks**). The marks obtained by a student for **50 marks** (Total of two Mid exams for **35**, Assignments **5**, Classroom Activities **5**, Clean, Green and Attendance **5**) is to be scaled down to **40**

K.S.N GOVT COLLEGE FOR WOMEN (A) ANANTEPURAMU
(W.E.F. ACADEMIC YEAR 2023-24)
PROGRAMME: B.A. HONOURS IN HISTORY SYLLABUS
DEPARTMENT OF HISTORY
SEMESTER-I-HISTORY —PAPER-II
BLUE PRINT

Unit	MCQS Multiple choice questions	FIBS Fill in the blanks	VSQS Very short answer questions	MTS Match the following	T/F
I	02	02	02	02	02
II	03	03	02	03	03
III	02	02	03	02	02
IV	02	02	02	03	02
V	03	03	03	02	03
TOTAL	12	12	12	12	12
TOTAL MARKS = 60					

M.C.Q.S. Multiple choice questions - (01 mark)

V.S..Q.S. = Very Short answer questions - (01 mark)

Fill in the questions- (01mark)

Match the following-(01 mark)

True/False-(01 mark)

Total Marks = 60 Marks (External)

ස.ස.ස. පාලන මණ්ඩලය විසින් සකස් කළ පරීක්ෂණ පත්‍රයකි.

එහි පිටු 02 ක්වේ. පිටු 01 ක්වේ.

පරීක්ෂණ පත්‍රයේ ස.ස. පාලන මණ්ඩලය විසින් සකස් කළ පරීක්ෂණ පත්‍රයකි.

පරීක්ෂණ පත්‍රයේ ස.ස. පාලන මණ්ඩලය විසින් සකස් කළ පරීක්ෂණ පත්‍රයකි.

පරීක්ෂණ පත්‍රයේ ස.ස. පාලන මණ්ඩලය විසින් සකස් කළ පරීක්ෂණ පත්‍රයකි.

පරීක්ෂණ පත්‍රයේ ස.ස. පාලන මණ්ඩලය විසින් සකස් කළ පරීක්ෂණ පත්‍රයකි.

පරීක්ෂණ පත්‍රයේ ස.ස. පාලන මණ්ඩලය විසින් සකස් කළ පරීක්ෂණ පත්‍රයකි.

පරීක්ෂණ පත්‍රයේ ස.ස. පාලන මණ්ඩලය විසින් සකස් කළ පරීක්ෂණ පත්‍රයකි.

Time: 2 hours

Max. Marks: 100

SECTION A

1. Answer the following questions (MCQs) each question carries 05 marks.

Marks: 05 x 20

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

11.

12.

13.

14.

15.

16.

17.

18.

19.

20.

SECTION B

2. Answer the following very short answer questions each question carries 05 marks.

Marks: 05 x 10

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

SECTION-III

III Answer the following Fill in the blanks given below: each question carries ONE mark 10x1=10 M

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

SECTION-IV

IV Answer the Match the following questions each question carries ONE marks 10x1=10 M

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

SECTION- V

V Answer the following True/False questions each question carries ONE marks 10x1=10 M

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

K.S.N GOVT COLLEGE FOR WOMEN (A) ANANTEPURAMU
(W.E.F. ACADEMIC YEAR 2023-24)
PROGRAMME: B.A. HONOURS IN HISTORY SYLLABUS
DEPARTMENT OF HISTORY
SEMESTER-I-HISTORY —PAPER—II
PERSPECTIVES ON INDIAN SOCIETY
MODIFICATIONS AND JUSTIFICATIONS

S.NO	UNIT	TOPIC/CHAPTER	MODIFICATIONS	JUSTIFICATIONS
1.	II	Rise of nationalism-Chapter-III 1857-1947-Chapter-III	Modified as causes of Nationalism Deleted and modifies as in brief	with suggestion of University nominee and AC Nominees we made small modification due to heavy syllabus
2.	II	Abolition of Zamindari Formation of Linguistics states Chapter-IV	Deleted Deleted	With suggestion of University nominee and AC Nominees we deleted the topics for the sake of student benefit due to vast syllabus

ANDHRA PRADESH STATE COUNCIL OF HIGHER EDUCATION

(W.E.F. ACADEMIC YEAR 2023-24)

PROGRAMME: B.A. HONOURS IN HISTORY SYLLABUS

SEMESTER-II

SCIENCE AND HUMAN FACT

LEARNING OUTCOMES:

After successful completion of this course, the student will be able to:

- Students will understand the meaning of history and its relation to other social sciences and historical writing.
- Learn about the origin and evolution of human culture.
- Know how humans transformed from the Stone Age to the Iron Age.
- Understand the greatness of the first Indian civilization in the Indus Valley.
- Learn about the richness of Vedic culture.

SYLLABUS:

Unit-I

What is History-Is History a science?-Facts, Interpretations-Relation with other Social Sciences-Sources of Indian History: Archaeological and Literary Sources.

Unit-II

Hunting Gathering to the Food Production Society: Palaeolithic, Mesolithic, Neolithic and Chalcolithic Phases in India- Evolution of tools, belief systems and art forms.

Unit-III

First Urbanization in India: The Indus Valley Civilization-Definition of Civilization and Urbanization-Origin, Extent-Sites-Features of IVC-Trade and Commerce-Social and Cultural Life-Decline of the Civilization.

Unit-IV

The Vedic Corpus: Vedic Literature-Indo-Aryans Theories-Society, Economy, Culture, religion and Polity during the Early Vedic Period-Society, Economy, Culture, religion and Polity during the Later Vedic Period-Origin of Varna System.

Unit-V

Second Urbanization in India: Iron Age Cultures in the subcontinent-Impact of Iron technology-The emergence of City life- Urban Occupations, Crafts, Guilds-Trade and Commerce.

CURRICULAR ACTIVITIES:

- > A student seminar can be conducted on history and its relationship to other social sciences.
- > Map-pointing should be a compulsory activity as it helps students understand the text more vividly and clearly and should be made part of the internal examination by allotting 5 marks out of 25 for this skill-based activity.
- > Collection of news reports and maintaining a record of paper cuttings relating to topics covered in the syllabus
- > Pictures are drawings of Stone Age cultures. Students can be asked to create a calendar charting the dates of key events.
- > Students should be asked to prepare an inventory of items preserved in the museum and their usage
- > An assignment can be given on metal-age cultures with student justification.
- > A test can be conducted on Indus valley civilization.
- > A comparative table of Indus and Vedic culture can be prepared.
- > Book Reviews on latest Developments in History
- > Seminars/Group Discussions/Quiz/Unit Tests/ Collection of Articles and Books

- > Preparation of Videos/Charts / Identify the important places in the Map/ Project Works
- > Prepare the synapses /Write articles to the reputed journals and Magazines
- > Photos Exhibitions on Temple Architecture/ Visit to the Museums
- > Membership from AP History Congress

REFERENCES:

1. E.H. Carr., What is History, Penguin, 1961
2. H.D.Sanakalia., Pre History and Proto History of India and Pakistan, Bombay University Press, 1990.
3. Stuart Piggott., Prehistoric India to 1000 BC, MJP Publisher, 2022.
4. B.Shaik Ali., History: its Theory and Method, Macmillan, 1978
5. R.S.Sharma., Ancient India, New Delhi, 1996
6. Gordon Childe., What Happened in History, Penguin, 1952
7. D.D. Kosambi., The Culture and Civilization of Ancient India in Historical Outline, Vikas Publishing, 1965.
8. D.N.Jha, Ancient India: In Historical Outline, Manohar Publishers, 1999.
9. D.D.Kosambi, An Introduction to the Study of Indian History, Popular Prakashan, 1996.
10. D.P.Chattopadhyay, Science and Society in Ancient India, Research India Publication, 1978.
11. R.C.Majumdar, K.K.Dutta & H.C.RoyChowdhuri (ed.), An Advanced History of India, Macmillan, 1948.
12. RomilaThapar., Cultural Pasts: Essays on Early Indian History, Oxford university Press, 2000.
13. Romila Thapar., Early India: From the origins to 1300, University of California Press, 2004.

K.S.N GOVT COLLEGE FOR WOMEN (A) ANANTEPURAMU

(W.E.F. ACADEMIC YEAR 2023-24)

PROGRAMME: B.A. HONOURS IN HISTORY SYLLABUS

SEMESTER-II--PAPER – III -HISTORY MAJOR – III

SCIENCE AND HUMAN FACT

LEARNING OUTCOMES:

After successful completion of this course, the student will be able to:

- Students will understand the meaning of history and its relation to other social sciences and historical writing.
- Learn about the origin and evolution of human culture.
- Know how humans transformed from the Stone Age to the Iron Age.
- Understand the greatness of the first Indian civilization in the Indus Valley.
- Learn about the richness of Vedic culture.

SYLLABUS:

UNIT-I

What is History-Is History a science?-Facts, Interpretations-Relation with other Social Sciences-Sources of Indian History: Archaeological and Literary Sources.

UNIT-II

Hunting Gathering to the Food Production Society: Palaeolithic, Mesolithic, Neolithic and Chalcolithic Phases in India- Evolution of tools, belief systems and art forms.

UNIT-III

First Urbanization in India: The Indus Valley Civilization-Definition of Civilization and Urbanization-Origin, Extent-Sites-Features of IVC-Trade and Commerce-Social and Cultural Life-Decline of the Civilization.

UNIT-IV

The Vedic Corpus: Vedic Literature-Indo-Aryans Theories-Society, Economy, Culture, religion and Polity during the Early Vedic Period-Society, Economy, Culture, religion and Polity during the Later Vedic Period-Origin of Varna System.

UNIT-V

Second Urbanization in India: Iron Age Cultures In the subcontinent-Impact of Iron technology-The emergence of City life- Urban Occupations, Crafts, Guilds-Trade and Commerce.

CURRICULAR ACTIVITIES:

- > A student seminar can be conducted on history and its relationship to other social sciences.
- > Map-pointing should be a compulsory activity as it helps students understand the text more vividly and clearly and should be made part of the internal examination by allotting 5 marks out of 25 for this skill-based activity.
- > Collection of news reports and maintaining a record of paper cuttings relating to topics covered in the syllabus
- > Pictures are drawings of Stone Age cultures. Students can be asked to create a calendar charting the dates of key events.
- > Students should be asked to prepare an inventory of items preserved in the museum and their usage
- > An assignment can be given on metal-age cultures with student justification.
- > A test can be conducted on Indus valley civilization.
- > A comparative table of Indus and Vedic culture can be prepared.
- > Book Reviews on latest Developments in History
- > Seminars/Group Discussions/Quiz/Unit Tests

- > Collection of Articles and Books / Preparation of Videos/Charts
- > Identify the important places in the Map/Project Works
- > Prepare the synopses /Write articles to the reputed journals and Magazines
- > Photos Exhibitions on Temple Architecture /Visit to the Museums
- > Membership from AP History Congress

REFERENCES:

1. E.H. Carr., What is History, Penguin, 1961
2. H.D.Sanakalia., Pre History and Proto History of India and Pakistan, Bombay University Press, 1990.
3. Stuart Piggott., Prehistoric India to 1000 BC, MJP Publisher, 2022.
4. B.Shaik Ali., History: its Theory and Method, Macmillan, 1978
5. R.S.Sharma., Ancient India, New Delhi, 1996
6. Gordon Childe., What Happened in History, Penguin, 1952
7. D.D. Kosambi., The Culture and Civilization of Ancient India in Historical Outline, Vikas Publishing, 1965.
8. D.N.Jha, Ancient India: In Historical Outline, Manohar Publishers, 1999.
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10. D.P.Chattopadhyay, Science and Society in Ancient India, Research India Publication, 1978.
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13. Romila Thapar., Early India: From the origins to 1300, University of California Press, 2004

K.S.N GOVT COLLEGE FOR WOMEN (A) ANANTEPURAMU
(W.E.F. ACADEMIC YEAR 2023-24)
PROGRAMME: B.A. HONOURS IN HISTORY SYLLABUS
DEPARTMENT OF HISTORY
SEMESTER-II-HISTORY MAJOR—PAPER—III
AGE OF ENLIGHTENMENT AND STATE FORMATION OF ANCIENT INDIA
QUESTION PAPER PATTERN FOR CONTINUAS INTERNAL ASSESEMENT (CIA)
INTERNAL-1 (MID-1)

S.No	Type of Questions	No.of questions given	No of questions to be answered	Marks allotted to each question	Total Marks
1	Section-1 Objective type questions/one mark questions	05	05	1	05
2	Section-2 Short answer questions	03	03	05	05
3	Section-3 Essay type questions	2	1	10	10
	Total				20

INTERNAL-2 (MID-2)

S.No	Type of Questions	No.of questions given	No.of questions to be answered	Marks allotted to each question	Total Marks
1	Section-1-Short answer questions	02	01	05	05
2	Section-2-Essay type questions	02	01	10	10
	Total				15

The continuous internal assessment (co- curricular and extracurricular) has been divided into 3 categories as given below

S.No	Type of Assessment	Weightage Assigned
1	Assignment	5
2	Project work/ Seminar	5
3	Extra-curricular Activities like Cleaning, Greening, and attendance	5
		15

The marks obtained by student for 50 marks need to be scale down to 40 (total of two mid exams for 35 extracurricular activities for 15 marks) need to be scaled down to 10 marks

K.S.N GOVT COLLEGE FOR WOMEN (A) ANANTEPURAMU
(W.E.F. ACADEMIC YEAR 2023-24)
PROGRAMME: B.A. HONOURS IN HISTORY SYLLABUS
DEPARTMENT OF HISTORY
SEMESTER-II-HISTORY MAJOR—PAPER—III
AGE OF ENLIGHTENMENT AND STATE FORMATION IN ANCIENT INDIA
AUTONOMOUS QUESTION PAPER PATTERN

INTERNAL ASSESSMENT 60+40 PATTERN

MID-I - 20 Marks

MID-II 15 Marks

The marks obtained by student for 50 marks need to be scale down to 40 (total of two mid exams for 35 extracurricular activities for 15 marks) need to be scaled down to 10 marks

- **Written Exam - 20 marks**
- **Internal pattern of exam:**

Part - A Consists of 05 questions - Should answer 05 - Each carries 01 marks

Part - B Consists of 03 questions - Should answer 02 - Each carries 05 marks

Part- C Consists of 02 questions - Should answer 01 - Each carries 10 marks

CO-CURRICULAR ACTIVITIES: 10 marks

Seminars(05)/VIVA(05)//Quiz(05)//Assignments(05)//group discussion(05)//
PPT(05)//Field Visit(05)// Stud Project(05)/Map pointing(05) /Paper clippings

- **EXTRACURRICULAR ACTIVITIES: 10 Marks**

Clean and Green - 05 Marks

Attendance - 05 Marks

EXTERNAL EXAMINATION - 60 MARKS

- Question paper includes Part-A and Part-B

Part - A - 20 Marks

Includes 8 questions - Each question carries 4 marks - Should answer 5 (5 x 4 = 20M)

Part - B - 40 Marks

Includes 5 questions with internal Choice - Each questions carries 08 marks. Should
Answer 5 Questions. (5 x 08 = 40 M)

K.S.N GOVT COLLEGE FOR WOMEN (A) ANANTEPURAMU

(W.E.F. ACADEMIC YEAR 2023-24)

PROGRAMME: B.A. HONOURS IN HISTORY SYLLABUS

DEPARTMENT OF HISTORY

SEMESTER-II-HISTORY MAJOR—PAPER—III

SCIENCE AND HUMAN PAST

BLUE PRINT

UNITS	SHORT ANSWER QUESTIONS	ESSAY QUESTIONS	TOTAL
I	02	02	24
II	02	02	24
III	01	02	20
IV	02	02	24
V	02	02	20
TOTAL	08	10	112

S.A.D.S = Short answer questions (4 marks)

E.Q= Essay questions (8marks)

S.A.Q.S: $5 \times 4 = 20$ M

E.QS: $5 \times 8 = 40$ M

Total Marks = 60 M

BRUNNEN COLLEGE FOR WOMEN (A) EXAMINATION
(W E F A) ACADEMIC YEAR 2014-15
PROGRAMME: B.A. HONOURS IN HISTORY SYLLABUS
DEPARTMENT OF HISTORY
SEMESTER II HISTORY MARKS: FAPER: 30
MODEL PAPER

Time: 3 1/2 Hrs

Max. Marks: 60

SECTION I

(Instructions: Set minimum ONE question from each unit, maximum FIVE from all.)

- I. Answer any FIVE of the following questions each question carries Four marks. 5x4=20

1.
2.
3.
4.
5.
6.
7.
8.

SECTION II

(Instructions: Set ONE question from each unit with internal choice.)

- II. Answer all the following Questions each question carries FIVE marks. 5x5=25

9. (a) or (b)

10. (a) or (b)

11. (a) or (b)

12. (a) or (b)

13. (a) or (b)

ANDHRA PRADESH STATE COUNCIL OF HIGHER EDUCATION

(W.E.F. ACADEMIC YEAR 2023-24)

PROGRAMME: B.A. HONOURS IN HISTORY SYLLABUS

SEMESTER-II

4. AGE OF ENLIGHTENMENT AND STATE FORMATION IN INDIA

LEARNING OUTCOMES:

After successful completion of this course, the student will be able to:

- Know the philosophies of Indian religions.
- Learn about the formation of states and their growth.
- Know the causes of the rise of Magadha and its political history.
- Understand the Mauryans history and Ashoka Dhamma policy.
- Will know the significance of post-Mauryan conditions

SYLLABUS:

Unit-I

New Religious Philosophy- Ajivikas, Charvakas-Jainism and Buddhism

Unit-II

State formation: Sixteen Mahajanapadas - Rise of Magadha - Nandas- Foreign Invasions - Darius I and Alexander.

Unit-III

Mauryan Empire: Archaeological and Literary Sources-Chandra Gupta Maurya-Bindusara and Ashoka - Ashoka's Dhamma Policy

Unit-IV

The Mauryan Administration-Society, Economy, Art and Architecture - Decline of Mauryan Empire-Sangam Literature

Unit-V

Post Mauryan Period-Invasions from Central Asia-Indo Greeks-Sakas-Parthians and Khushans-Growth of Trade and Urban centres-Coins and Guilds-Gandhara and Mathura Art.

CURRICULAR ACTIVITIES:

- Visit the nearest Jain and Buddhist sites or temples and submit a project report.
- Conducted a test on the emergence of states in India.
- Conducted a group discussion on Ashoka's religious policy.
- Prepare a poster-making activity on the art and architecture of the Mauryas.
- Visit the nearest museum and study the Indo-Greek coins.
- Students should be asked to prepare an inventory of items preserved in the museum and their usage.
- An assignment can be given on Mauryan art.
- A test can be conducted on Sangam literature.
- A comparative table of Jainism and Buddhism culture can be prepared.
- Book Reviews on latest Developments in History
- Seminars/Group Discussions/Quiz/Unit Tests
- Collection of Articles and Books
- Preparation of Videos/Charts
- Identify the important places in the Map
- Project Works
- Prepare the synopses
- Write articles to the reputed journals and Magazines
- Photos Exhibitions on Temple Architecture
- Visit to the Museums

➤ Membership from AP History Congress

REFERENCES:

1. K.A.N Sastri., Age of the Nandas and Mouryas, Motilal Banarasidass, 1952
2. R.S.Sharma., Matril Culture and Social Formations in Ancient India, Macmillan India, 2007.
3. R.S.Sharma., Looking for the Aryans, Orient Longman, 1995.
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K.S.N GOVT COLLEGE FOR WOMEN (A) ANANTEPURAMU

(W.E.F. ACADEMIC YEAR 2023-24)

PROGRAMME: B.A. HONOURS IN HISTORY SYLLABUS

SEMESTER-II-PAPER – IV-HISTORY MAJOR – IV

AGE OF ENLIGHTENMENT AND STATE FORMATION IN ANCIENT INDIA

LEARNING OUTCOMES:

After successful completion of this course, the student will be able to:

- Know the philosophies of Indian religions.
- Learn about the formation of states and their growth.
- Know the causes of the rise of Magadha and its political history.
- Understand the Mauryans history and Ashoka Dhamma policy.
- will know the significance of post-Mauryan conditions

SYLLABUS:

UNIT-I

New Religious Philosophy- Ajivikas, Charvakas-Jainism and Buddhism

UNIT-II

State formation: Sixteen Mahajanapadas - Rise of Magadha - Nandas- Foreign Invasions -

Darius I and Alexander.

UNIT-III

Mauryan Empire: Archaeological and Literary Sources-Chandra Gupta Maurya-Bindusara and

Ashoka - Ashoka's Dhamma Policy

UNIT-IV

The Mauryan Administration-Society, Economy, Art and Architecture - Decline of Mauryan

Empire-Sangam Literature

➤ Membership from AP History Congress

REFERENCES:

1. K.A.N Sastri., Age of the Nandas and Mouryas, Motilal Banarasidass, 1952
2. R.S.Sharma., Matrial Culture and Social Formations in Ancient India, Macmillan India, 2007.
3. R.S.Sharma., Looking for the Aryans, Orient Longman, 1995.
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10. Romila Thapar., Cultural Pasts: Essays on Early Indian History, Oxford University Press, 2000.
8. Romila Thapar., Ashoka and Decline of theMauryas, OUP, 2012

➤ Membership from AP History Congress

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3. R.S.Sharma., Looking for the Aryans, Orient Longman, 1995.
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10. Romila Thapar., Cultural Pasts: Essays on Early Indian History, Oxford University Press, 2000.

**K.S.N GOVT COLLEGE FOR WOMEN (A) ANANTEPURAMU
(W.E.F. ACADEMIC YEAR 2023-24)**

PROGRAMME: B.A. HONOURS IN HISTORY SYLLABUS

DEPARTMENT OF HISTORY

SEMESTER-II-HISTORY MAJOR—PAPER—IV

SCIENCE AND HUMAN PAST

**QUESTION PAPER PATTERN FOR CONTINUOUS INTERNAL ASSESEMENT (CIA)
INTERNAL-1 (MID-1)**

S.No	Type of Questions	No.of questions given	No.of questions to be answered	Marks allotted to each question	Total Marks
1	Section-1 Objective type questions/one mark questions	05	05	1	05
2	Section-2 Short answer questions	03	04	05	10
3	Section-3 Essay type questions	2	1	10	10
	Total				20

INTERNAL-2 (MID-2)

S.No	Type of Questions	No.of questions given	No.of questions to be answered	Marks allotted to each question	Total Marks
1	Section-1-Short answer questions	02	01	05	05
2	Section-2-Essay type questions	02	01	10	10
	Total				15

The continuous internal assessment (co- curricular and extracurricular) has been divided into 3 categories as given below

S.No	Type of Assessment	Weightage Assigned
1	Assignment	5
2	Project work/ Seminar	5
3	Extra-curricular Activities like Cleaning, Greening, and attendance	5
		15

The marks obtained by student for 50 marks need to be scale down to 40 (total of two mid exams for 35 extracurricular activities for 15 marks) need to be scaled down to 10 marks

K.S.N GOVT COLLEGE FOR WOMEN (A) ANANTEPURAMU
(W.E.F. ACADEMIC YEAR 2023-24)
PROGRAMME: B.A. HONOURS IN HISTORY SYLLABUS
DEPARTMENT OF HISTORY
SEMESTER-II-HISTORY MAJOR—PAPER—IV
SCIENCE AND HUMAN PAST

AUTONOMOUS QUESTION PAPER PATTERN

INTERNAL ASSESMENT 60+40 PATTERN

MID-I - 20 Marks

MID-II 15 Marks

The marks obtained by student for 50 marks need to be scale down to 40 (total of two mid exams for 35 extracurricular activities for 15 marks) need to be scaled down to 10 marks

- **Written Exam - 20 marks**

- **Internal pattern of exam:**

Part - A Consists of 05 questions - Should answer 05 - Each carries 01 marks

Part - B Consists of 03 questions - Should answer 02 - Each carries 05 marks

Part- C Consists of 02 questions - Should answer 01 - Each carries 10 marks

CO-CURRICULAR ACTIVITIES: 10 marks

Seminars(05)/VIVA(05)//Quiz(05)//Assignments(05)//group discussion(05)//
PPT(05)//Field Visit(05)// Stud Project(05)/Map pointing(05) /Paper clippings

- **EXTRACURRICULAR ACTIVITIES: 10 Marks**

Clean and Green - 05 Marks

Attendance - 05 Marks

EXTERNAL EXAMINATION - 60 MARKS

- Question paper includes Part-A and Part-B

Part - A - 20 Marks

Includes 8 questions - Each question carries 4 marks - Should answer 5 (5 x 4 = 20M)

Part - B - 40 Marks

Includes 5 questions with internal Choice - Each questions carries 08 marks. Should
Answer 5 Questions. (5 x 08 = 40 M)

K.S.N GOVT COLLEGE FOR WOMEN (A) ANANTEPURAMU

(W.E.F. ACADEMIC YEAR 2023-24)

PROGRAMME: B.A. HONOURS IN HISTORY SYLLABUS

DEPARTMENT OF HISTORY

SEMESTER-II-HISTORY MAJOR—PAPER—IV

SCIENCE AND HUMAN PAST

BLUE PRINT

UNITS	SHORT ANSWER QUESTIONS	ESSAY QUESTIONS	TOTAL
I	02	02	24
II	02	02	24
III	01	02	20
IV	02	02	24
V	02	02	20
TOTAL	08	10	112

S.A.D.S = Short answer questions (4 marks)

E.Q= Essay questions (8marks)

S.A.Q.S: 5X4=20 M

E.QS: 5X8= 40 M

Total Marks =60 M

K.S.N GOVT COLLEGE FOR WOMEN (A) ANANTEPURAMU
(W.E.F. ACADEMIC YEAR 2023-24)
PROGRAMME: B.A. HONOURS IN HISTORY SYLLABUS
DEPARTMENT OF HISTORY
SEMESTER-II-HISTORY MAJOR—PAPER—IV
MODEL PAPER

Time: 2½ Hrs

Max. Marks:60

SECTION-I

(Instructions: Set minimum ONE question from each unit, maximum EIGHT from all.)

I Answer any FIVE of the following questions each question carries Four marks **5x4=20**

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.

SECTION-II

(Instructions: Set ONE question from each unit with internal choice.)

II Answer all the following Questions each question carries EIGHT marks **8x5=40**

9. (a) or (b)
10. (a) or (b)
11. (a) or (b)
12. (a) or (b)
13. (a) or (b)

K.S.N GOVT COLLEGE FOR WOMEN (A), ANANATAPUR

DEPARTMENT OF HISTORY

PANNEL OF EXTERNAL EXAMINERS /PAPER SETTERS

SNO	NAME & DESIGNATION	CONTACT DETAILS
1	Dr Gopi Naik, M.A.,MPhil,Ph.D., LECTURER IN HISTORY S.K.P.GDC, Guntakal	CEL: 9441654022 Email: kgopinaiik@gmail.com
2	Dr E.Sreedhar M.A.,MPhil,Ph.D., LECTURER IN HISTORY NASR GDC(W)Hindupur	CEL: 9441935900 Email: sreedhar_2498@gmail.com
3	Dr P.Sahadevedu M.A., B.ED.,Ph.D. LECTURER IN HISTORY GDC(M) Anantapur	CEL:9441899156 Email: sahadevdavangula@gmail.com
4	Dr.K.Sudhakar M.A.Ph.D LECTURER IN HISTORY GDC(M) Anantapur	CEL: 9949032049 Email: karanam.sn80@gmail.com
5	Dr .K.V.Ramana M.A.,B.ED.,Ph.D. LECTURER IN HISTORY SSBN GDC(A),anantapur	CEL: 9490196393 Email: kalluramana@gmail.com
6	Dr N.Padmavathi M.A.B.Ed., Ph.D LECTURER IN HISTORY GDC(M) Anantapur	CEL: 9441090792
7	Dr B.R.Prasad Reddy M.A.,B.ED.,Ph.D. LECTURER IN HISTORY Silver jubilee,GDC,Kurnool	CEL: 9440074649 Email: brpredygd@gmail.com
8	Dr S.Raj Mahammad M.A.,MPhil,P.bD., LECTURER IN HISTORY SSS GDC.Bukkapatnam	CEL: 9963701082 Email: raj91619@gmail.com
9	Dr K.Bade sahib M.A.,M.LISC,Ph.D., LECTURER IN HISTORY GDC Banaganpalle,Kurnool (Dt)	CEL: 9440852697 Email: badesashb@gmail.com



K.S.N GOVT. DEGREE COLLEGE FOR WOMEN

An ISO Certified & Autonomous Institution

Affiliated to Sri Krishnadevaraya University - Anantapuramu - A.P - 515002



NAAC
(3.15/4.00)
3rd Cycle
Grade A

DEPARTMENT OF HISTORY
CERTIFICATE /ADD-ON COURSE
ON
FUNDAMENTALS OF YOGA
2023-24



YOGA AND MEDITATION BRINGS WISDOM
THAT WILL LEAD YOU A PATH OF GROWTH AND SUCCESS





K.J.N GOVT. DEGREE COLLEGE FOR WOMEN

An ISO Certified & Autonomous Institution
Affiliated to Sri Krishnadevaraya University - Anantapuramu - AP - 515002



NAAC
(3.15/4.00)
3rd Cycle
Grade A

Academic year: 2023-24

Duration: - 30 hours

Participants: - Regular students

Beneficiaries: First year UG students

Number of teachers coordinated the programme :02

❖ COURSE DESCRIPTION

Certificate course in Yoga explores the fundamental concepts of mainstream Yoga and its philosophical foundations. The course deals with both abstract and practical aspects of Yoga. Yoga is a way of life that can be applied to one's own life irrespective of age, gender, occupation, society, circumstances, problems and sufferings. It can be part of any human effort-personal, educational, social, family and spiritual. Since it comes under both science and an art, there are theoretical and practical aspects of Yoga which are taught in the course.

❖ AIM /OBJECTIVES OF THE COURSE

- Inculcation of Health practices
- maintaining physical fitness
- Concentration and Intelligence
- Vitality and Enthusiasm
- Dynamic personality
- Healthy Physique
- The Certificate Course in Yoga is built for beginners who wish to develop a career in Yoga.
- The emphasis in the course is on having the right perspective through the first-hand experience and learning the science and the practice of yoga.

**K.S.N GOVT. COLLEGE FOR WOMEN (A), ANANTAPURAMU
DEPARTMENT OF HISTORY
BOARD OF STUDIES
MINUTES OF THE MEETING**

The Meeting of the Board of studies of the History was held on 10-10-2023 at 11:00 AM at Department of History K.S.N. Govt. College for Women (A), Anantapur. The Board Members have discussed the agenda points given below.

AGENDA:

1. Approval of History Major Syllabi for the academic year 2023-2024 as per APSHE new syllabus.
2. Approval for the implementation of I and II semesters w.e.f. 2023 – 24.
3. Blueprint and question paper pattern.
4. Model Question Paper.
5. External and Internal scheme of examination (CIA).
6. Panel of examiners.
7. Approval of Autonomous question paper model for 60 +40 pattern.
8. Approval of Internal Assessment for 40 marks and External Assessment for 60 marks .MID-I Examination for 20 marks and MID-II Examination for 15 marks with the division of marks i.e., Assignment (05), Student Seminar (05) & Attendance (05)/clean and Green (05).
9. To review the course papers for III & IV semesters.
10. Approval of Certificate course.
11. To Review the Internship process for V semester and course papers for VI semester for Final year students.
12. Any other related issue.

PROCEEDINGS

1. Welcome address and opening remarks by chairperson
2. The chairperson of the Department of History welcomed the members of board of studies (BOS). The chairperson introduced and explained the agenda of the meeting. Board of studies members discussed about the syllabi of B.A. HONOURS for History Majors as per APSHE new syllabus and Certificate course for I semesters for the academic year 2023 – 2024. Chairperson Explained about the syllabi for III & IV semesters and Internship process for V semester and syllabi for VI semester as per APSHE syllabus. The chairperson thanked each and every one for sparing their valuable time to attend BOS meeting.

DISCUSSION:

THE BOS MEMBERS HAD BRAINSTORMING DISCUSSION & INTERACTION AMONG THEMSELVES AFTER DISCUSSION SUGGESTIONS WERE INCORPORATED APPROPRIATELY IN THE CURRICULUM AND SYLLABI.

1. Board of studies members discussed about the syllabus for I & II semesters & also reviewed the syllabus for III, IV, V, & VI semesters.

2. University Nominee Dr. V. Raja Mohamadh from GDC Bukkapatnam

Discussed the implementation of APSHE syllabus of I & II Semesters and suggested syllabi with few changes.

The changes are as follows:

Semester I- Course -I: Fundamentals of social sciences

Unit – I: suggested to remove Inter-Disciplinary word from Third chapter with its relevance in that unit.

Unit – II: Suggested to remove Chronology of Indian History-Due to heavy syllabus

3. Academic Cell Nominee Dr. B. Prasad Reddy from Silver jubilee, Kurnool, suggested few modifications in –Course-II-Paper-II-Perspectives on Indian History. Discussed the implementation of APSHE syllabus of I & II semester with few changes.

UNIT-II

(a) Suggested to modify the topic "Rise of Nationalism under British rule in brief" as "Basic causes of Nationalism under British rule in brief" and due to heavy syllabus suggested to remove period in chapter (03) with its relevance in that unit.

(b) Academic Cell Nominee Dr. K. Bade Saheb from GDC Banaganpalle, Kurnool(dt)

Due to vast syllabus suggested to remove "Abolition of Zaminadari and Formation of Linguistics.

4. Industrial person Smt K. Rajitha Asst Director of Archaeology Museum, Ananapur and Krishna veni Collage Alumini also participated in discussion
5. BOS Members discussed about Autonomous (CIA) question paper pattern 60+40 pattern for I & II semester for the academic year 2023-24.
6. 40 marks for Internal Assessment and 60 marks for external Assessment with the division of marks i.e.,
Part -A (MCQS)
Part- B (FIB)
Part- C (VSQ)
Part- D (MF)
Part- E (T/F) Containing ONE mark
7. Approved internal assessment both two MIDS for 35 marks and Ex-tra curricular activities for. The marks obtained by the student for 50 marks to be scale down to 40.
8. Written exam for 20 marks for MID-I and 15 marks for MID-II with the division of marks i.e., Assignment (05), Student Seminar (05) & Attendance (05) /clean and Green (05).
9. 60 marks for external Assessment with the division of marks i.e.,
Part - A (MCQS) - Multiple choice questions
Part-B (FIB)-Fill in the Blanks
Part-C (VSQ)-Very short questions
Part-D (MF)-Match the following
Part- E (T/F) with for external Assessment with the division of marks i.e., Part - A .B.C.D & E (MCQS) containing ONE marks

THE MEETING OF THE BOARD MEMBERS RESOLVED THE FOLLOWING

1. It has been resolved to follow the APSHE new Syllabus for History Major in B.A. Honours for I and II semesters for the academic years 2023-2024.
2. It is resolved that the question paper pattern changed to 60 + 40 as per autonomous pattern.
3. It is resolved that the question paper model is finalized for I & II semesters external Assessment with division for 60 marks and Internal Assessment for 40 marks.
4. It is resolved that both Internal and external question paper consists of FIVE parts i.e., Part-A, B, C, D & E with MCQS, FIB, VSQ, MF, T/F consists of ONE mark.

10. It is resolved that the marks obtained by the student for 50 marks need to be scale down to 40 marks. Written exam for 20 marks for MID-I and 15 marks for MID-II with the division of marks i.e., Assignment (05), Student Seminar (05) & Attendance (05) /clean and Green (05).
5. It is resolved to conduct Add on/ Certificate in "Fundamentals of Yoga and History for semester -I with the duration of 30 Hrs from November 1st 2023.
6. It is resolved to follow the History syllabi for III ,IV & VI semesters for the academic year 2023-24 as per APSHE old syllabus followed by S.K.U.
7. It is resolved to complete Internship in V semester for the academic year 2023-24.

Vote of Thanks: The Board of studies meeting completed at 1:00 PM. The chairperson thanked each one of them for sparing their valuable time to attend BOS meeting.

- The course is designed primarily to educate those interested in becoming a Yoga Instructor.
- It helps the student to understand the types of Yoga and imparts the practical knowledge of Yogasana, Kriyas, Mudras, Yogic Therapy and Pranayama.
- This course focuses on Sutra Yoga and the philosophy mentioned in those sutras. The role of Satvika Ahara is also based alongside Asanas.
- The end goal is the implementation of the philosophy of Yoga in everyday life. The course helps the student to become competent and committed professionals willing to perform as Yoga trainers.

❖ MULTIPLE CAREER OPPORTUNITIES

The course allows the candidates to choose from a large number of job profiles that includes

- ✓ Yoga Instructor
- ✓ Yoga Therapist,
- ✓ Yoga Specialist
- ✓ Yoga Practitioner and many more.
- The course focuses on the foundations for the theoretical as well as practical aspects of Yoga, one of the world's oldest sciences.
- Opportunity to turn Entrepreneur: The candidates also have the opportunity to turn entrepreneur after the completion of the course. Most of the Yoga Instructors open up their own studios after the completion of their course.



K.J.N GOVT. DEGREE COLLEGE FOR WOMEN

An ISO Certified & Autonomous Institution
Affiliated to Sri Krishnadevaraya University - Anantapuramu - A.P. - 515002



NAAC
(3.15/4.00)
3rd Cycle

DEPARTMENT OF HISTORY
CERTIFICATE COURSE
IN FUNDAMENTALS OF YOGA
Syllabus

MODULE I- PHILOSOPHY OF YOGA

MODULE II- THEORY OF YOGA PRACTICE

MODULE III- PRACTICAL – ASANAS, KRIYAS AND PRANAYAMA

MODULE IV -MEDITATION AND STRESS MANAGEMENT

DETAILED SYLLABUS

PAPER I: PHILOSOPHY OF YOGA

Meaning of Yoga - Concept of Yoga - History of Yoga -Importance of Yoga

Suryanamaskar - basic breathing Techniques-Ashtanga Yoga - what is ashtanga yoga - What is an Asanas - posture - definition of posture - classification of posture - Classification of Asanas - Aim to cultural Asana - meditative asana and relaxative asana - characteristics of meditative asana.

PRANAYAMA - DHYANA - SAMADHI Pranayama - Definitions of pranayama - Types of pranayama - Effects of pranayama

PAPER II: THEORY OF YOGIC PRACTICES

Basic anatomy and physiology of human body changes by doing yoga - Types of Postures – Control of Respiration with the Help of Nervous System - Mechanism of Asana

PAPER III : PRACTICAL

Asanas:- Poorvothanasana- Gomukasana – Naukasana - Bhujangasana - - Padmasana - Simhasana - VakasanaBaddhaPadmasana - Parvatasana - Shalabhasana - Makarasana - Matsyasana- Vrikshasana -

Chakrasana - Savasana -Sukhasana - Suptamandukasana - Yogamudra- Brahmamudra - Garudasana -

Bakasana - SurayNamaskar- pranayama.

PAPER IV MEDITATION AND STRESS MANAGEMENT

Meaning of Stress - Definition of Stress - nature of stress - source of stress - how to manage stress - Asanas and stress - kriyas and stress - Exercise and stress - yoga for mental health -meditation - meaning - different types - relaxation techniques - mind controlling - yoga nidra practice.

ADD-ON COURSE OUTCOME

- 1) To propagate and promote yoga for positive health
- 2) To introduce basic concepts of preventive health and health promotion through yoga
- 3) To develop clear understanding about the benefits of yoga
- 4) To teach yoga modules specific physical stamina, eye sight, concentration, creativity, anger management etc.

ASSESSMENT

- written examination for three hours with maximum of 50 marks.
- Continuous Evaluation of 20 Marks which comprises of:
 - Attendance- 5 Marks
 - Assignment- 5 Marks
 - Internal Exam 10 Marks
- Practical and Viva – 30 Marks
- Total- 100 Marks
- Minimum marks required for pass is 40

GRADING PATTERNS:

O - Above 90%

A+ - 80 - 90%

A - 70 – 80%

B+ - 60 – 70%

B - 50 – 60%

C - 40 – 50%

D - Below 40% (Failed)